

# CULTURAL COMPETENCY TREATING FIRST RESPONDERS

## LEARN HOW TO HELP OUR HEROES

In this exciting, fast paced, 3-day class you will learn from expert Clinicians, Police officers, Firefighters, Dispatchers, and their spouses about what the job entails and how it impacts them and their home life.

You will learn best practices for treating this very special population.

### FACTS:

Twice the number of First Responders die to suicide every year then to Line of Duty Deaths.

Over 35% of First Responders have considered suicide.

Divorce Rates  
National: 50%  
Police: 75%  
Fire: 65%

[Register Here:](#)



April 3-5, 2025

313 Kendal Street, Vacaville, CA 95688



**COURSE MEETS THE QUALIFICATIONS FOR 24 HOURS OF CONTINUING EDUCATION CREDIT FOR LMFT'S, LCSW'S, LPCC'S AND LEP'S AS REQUIRED BY THE CALIFORNIA BOARD OF BEHAVIORAL SCIENCES.**

This course is designed for mental health professionals looking to expand understanding of First Responders culture, their families and interventions that work. Restoration Family Counseling Center Inc (Provider #100161) is approved by the California Association of Marriage and Family Therapists to sponsor continuing education.

# CULTURAL COMPETENCY: TREATING FIRST RESPONDERS

April 3, 4, & 5, 2025

8:00am – 5:30pm

313 Kendal Street, Vacaville, CA 95688

## Course Description & Educational Goals Learning Objectives

1. Participants will be able to identify three key reasons First Responders have increased risk of PTSD and Suicidality.
2. Participants will be able to apply three techniques to engage and gain “buy in” from their First Responder client.
3. Participants will be able to state three reasons First Responder children have higher rates of depression.

### Instructor Information

Sherie Mahlberg is the Founder of Clinical Director of Restoration Family Counseling Center Inc., where she provides leadership, vision, direction, and supervision. Restoration contracts with agencies throughout the state providing individual counseling, intervention and support services post significant incidents to First Responders. Sherie comes from a public safety family which includes her firefighter husband and police officer son.

### Fire Fighter, Police Officer and Dispatcher

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## Target Audience

This course is designed for mental health professionals looking to expand understanding of First Responders culture, their families and interventions that work.

## Cost \$450

50% refund is available up to 48-hours prior to the start of the class. After that time, there is no refund available.

## Accommodations

To request accommodations for special needs, please email the Office Administrator at [Network@RestorationFCC.com](mailto:Network@RestorationFCC.com)

## Grievances

To obtain the grievance policy or report a grievance please email: [Network@RestorationFCC.com](mailto:Network@RestorationFCC.com) or call (707) 330-7904.

## Certificates

Course Completion certificates will be awarded at the end of the course in exchange for a completed evaluation form.

Course meets the qualifications for 24 hours of continuing education credit for LMFT's, LCSW's, LPCC's and LEP's as required by the California Board of Behavioral Sciences.